



# Proclamation

Athletics are among the most effective means for females of all backgrounds to develop self-discipline, initiative, confidence, and leadership skills. Participating in sports can also increase an individual's health and wellbeing, and promote healthy lifestyle habits.

Women have a long and rich history in sports, which deserves national recognition. *National Girls and Women in Sports Day* was first observed in 1987 to commemorate Olympic volleyball player Flo Hyman's athletic achievements and commitment to ensuring equality for women's sports. Today, this day exists to acknowledge the past, recognize the current athletic achievements of women, and encourage more young women to participate in sports.

This year, the American Association of University Women, Girl Scouts of the USA, Girls Incorporated, the National Association for Girls and Women in Sport, the National Women's Law Center, the Women's Sport Foundation, and the YWCA will join together to celebrate the 19<sup>th</sup> Annual *National Girls and Women in Sports Day* in Washington, D.C., and communities across the nation. The 2007 theme is "U Go Girl – Lead Like a Champion."

In Hawai'i, community organizations such as the Hawai'i Association for Health, Physical Education, Recreation and Dance, the University of Hawai'i Athletics Department, the Girl Scout Council of Hawai'i and Leahi Soccer Club will sponsor a sports day clinic for girls.

**THEREFORE, I, LINDA LINGLE**, Governor of the State of Hawai'i, and **I, JAMES R. "DUKE" AIONA, JR.**, Lieutenant Governor, do hereby proclaim **February 10, 2007**, as

## **NATIONAL GIRLS AND WOMEN IN SPORTS DAY**

in Hawai'i, and urge all of our citizens to recognize the significant contributions women have made to athletics and encourage young women to actively participate in sports.

**DONE** at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, this second day of February 2007.

Linda Lingle  
Governor, State of Hawai'i

James R. "Duke" Aiona, Jr.  
Lieutenant Governor, State of Hawai'i