



# Proclamation

Massage therapy is an important practice that can contribute to maintaining good health. Massages can help individuals heal from injury, relieve stress and relax. During the last five years, more than one-third of Americans received a massage. Of those who did, 26 percent did so for stress relief, while 32 percent received a massage for medical purposes, such as the treatment of muscle soreness or spasm, pain relief or injury rehabilitation.

The Massage Therapists Association of Hawai'i (MATAH) and the American Massage Therapy Association (AMTA) – Hawai'i Chapter are organizations that seek to advance the profession through ethics, standards, certification, school accreditation, continuing education, legislative efforts, public awareness and the development of members.

Both MATAH and AMTA – Hawai'i Chapter represent massage therapists of a variety of ethnic and cultural backgrounds. Members make a difference in their communities and touch the lives of many citizens.

On April 5, MATAH and AMTA – Hawai'i Chapter will host the 12<sup>th</sup> annual *Legislative Massage Awareness Day* at the State Capitol, themed "The Power of Touch – Making a Difference in Hawai'i." Massage therapists will provide complimentary mini-massages to elected officials and their staff members in order to "Stay in Touch" and express appreciation for their public service.

**THEREFORE, I, LINDA LINGLE**, Governor, and **I, JAMES R. "DUKE" AIONA, JR.**, Lieutenant Governor of the State of Hawai'i, do hereby proclaim **April 5, 2007**, as

## **LEGISLATIVE MASSAGE AWARENESS DAY**

in Hawai'i, and thank the associations for their continued service to the people of Hawai'i.

**DONE** at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, this twentieth day of March 2007.

Linda Lingle  
Governor, State of Hawai'i

James R. "Duke" Aiona, Jr.  
Lieutenant Governor, State of Hawai'i